

Club Information

Rotary Club of San Fernando (LU), Inc.
District 3790
Club No. 16918
Chartered: November 25, 1959

Sponsor:
Rotary Club Dagupan
Club Email: rotarylu@sflu.com
Telephone #: 072-700-2468

TIPS

continuation from page 6

IPP Richard Dy

per second). Therefore, a light second is 186,000 miles (300,000 kilometers). A light year is the distance that light can travel in a year, or:
186,000 miles/second * 60 seconds/minute * 60 minutes/hour * 24 hours/day * 365 days/year = 5,865,696,000,000 miles/year
A light year is 5,865,696,000,000 miles (9,460,800,000,000 kilometers). That's a long way!
Using a light year as a distance measurement has another advantage -- it helps you determine age . Let's say that a star is 1 million light years away. The light from that star has traveled at the speed of light to reach us. Therefore, it has taken the star's light 1 million years to get here, and the light we are seeing was created 1 million years ago. So the star we are seeing is really how the star looked a million years ago, not how it looks today. In the same way, our sun is 8 or so light minutes away. If the sun were to suddenly explode right now, we wouldn't know about it for eight minutes because that is how long it would take for the light of the explosion to get here.

Fireside Chat

continued from page 4

Rtn. Rev. Romy de Castro

worth as they do something for others and not just be recipients of benevolence from other people. Needless to say that they help themselves and thereby lessen the burden of others, including Rotarians. And we are glad that Pres. REX and his Directors has promised to help us along this line by convincing Rotarian employers to consider opening their establishments to these less fortunate brothers and sisters of ours.
In the final “Inclusion/Exclusion” list is the Kingdom of God as told us by Jesus (Matt.25:31-46), those who are “in” are those who gave food to the hungry, drink to those who are thirsty, invited strangers, clothed the naked and visited the sick and those in prison houses. Those who were “out” were those who did not do these things.
Rotary, too, does not only serve in quantity – just think of the many projects that we have accomplished, an are undertaking, thanks to the inspirations of our President and our Directors and members for the benefit of the needy. Rotary serves in quality – in “truth”, in “friendship”, and in “goodwill.” This thrust of service summarized in His saying, "You know that the rulers of the Gentiles Lord it over them, and their high officials exercise authority over them. Not so with you.. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave – just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." Matt. 20:25-28.
I am glad to be a Rotarian, as being so is an extension of my religious ministry.

PROGRAMME

Centerstage

Call to Order
Prayer &

Pres. Rex Mendoza

Four-Way Test
National Anthem

Romy de Castro
Frederick So

LUNCHEON

Welcome and
Greetings

PP Ferdinand Fernandez

Birthdays
Billy Teninty - Jan. 29
Edna Teninty - Jan. 29

Wedding Anniversaries:
Reul & May Tana - Jan. 28
PP Rey & Jasmin Bonifacio - Jan. 30

Club Singing

Wynn timer Manansala

Friendship Session

Dave Parkman

President’s Time

Pres. Rex Mendoza

GAMES

Edgar Biteng

Adjournment

Pres. Rex Mendoza

Master of Ceremonies
PP Arsing Ignacico



PP Ferdinand Fernandez
Captain - Dream Team

- Members
- PP Andy Astom
 - Edgar Biteng
 - Romy de Castro
 - Edward Dy
 - Ronald Dy
 - PP Arsing Ignacio
 - Dave Parkman
 - Paquing Peralta
 - PP Kit Purugganan
 - Joel Salvador
 - Anson Sian
 - Roberto Sibayan
 - Frederick So
 - Billy Teninty

January is ROTARY
AWARENESS MONTH

JAGed

KUNG HEI FAT CHOI

I hoped I spelled that right. If not, my apologies to our Chinese community and especially to my Chinese friends in Rotary. All I want to do is greet you an advanced Happy Chinese New Year!

The Chinese New Year is also called the Lunar New Year, to distinguish it from the Occidental New Year of the Gregorian Calendar (adopted by the Chinese in 1912). First day of this Chinese New Year is known as Spring Feast Day, also called Yuan Dan (Yuan- beginning and Dan- sunrise). It is determined by the beginning of the second new moon between winter solstice and spring equinox, so it may occur from the end of January to the third week of February. This year it falls on February 1.

According to Chinese mythology, the Jade King (Buddha) invited animals to join him during New Year’s eve. Only 12 showed up- the rat, ox, tiger, rabbit (or cat), dragon, snake, horse, goat (or sheep), monkey, cock, dog and pig. As tribute, Buddha set up a symbolic year for each visitor. Each newborn would have characteristics of animals corresponding to year of birth. I, for instance, am a “rat.” I hated this at first since rats are repulsive creatures bearing disease. Then I learned that ‘rats’ are supposed to be ambitious yet honest. On the down side, ‘rats’ tend to spend too much and are not too good at deep interpersonal relationships. So being a ‘rat’ is not too bad.

Aside from the characteristics of the animal ruling the year of birth, Chinese mythology also states that there are 5 elements which influence one’s life- Metal, Water, Wood, Fire and Earth. I’m a Metal Rat, which means I pursue my objectives with intensity. Furthermore, Chinese Mythology tells us who can be our ‘business’ and ‘romantic’ partners. As a ‘rat’ I am cautioned to avoid ‘horses.’ Luckily, my wife is a ‘dog!’ Aside from individual advice, Chinese Mythology also gives us general prospects for a given year. So the incoming Year of the Sheep would be more peaceful than the outgoing Year

Editor Jerome Gaerlan

of the Horse. Sheep are known for meekness w/ c contrasts with the volatility of the horse.

Whether you believe in Chinese Myths or not, its nice to have Yuan Dan, so we can focus on the Chinese, who have contributed so much to our world, country and province- in the Economic, Technological, Cultural and Culinary spheres. In the Economics, it is my belief that the Chinese, although they are associated with Communism, are the actual inventors of Capitalism. Just look at Henry Sy and John Gokong-wei, who converted their ‘stalls’ into ‘malls.’ Among the taipans is Lucio Tan, who with his Fortune Tobacco enterprise influenced, for better or worse, the life in our Region. A lot of the economic bustle of our city is due to the efforts of local Chinese businessmen who I won’t name because roving criminal gangs might be reading the Goldleaf. On the Technological front, the Chinese invented paper, the abacus & gunpowder, w/c means they were pioneers in Writing, Computing and Killing. Culturally, who doesn’t know of the contrary teachings of Confucius & Mao Ze Dong. Who hasn’t heard of kung fu or feng-shui. A Cultural attraction of our City is the Ma-Cho Temple where you can have your name deciphered for its Chinese meaning. And also we look forward to the colorful Dragon & Lion dances, which ward off evil and draw tourists. Gastronomically, you have all sorts of siopao, siomai, pancit and other dimsum. If you want exotic fare, our friends from Mandarin, United and Midtown can provide you with this.

With all these contributions, there are still some Pinoys who resent the Chinese. Maybe this has something to do with envy. But this is unfair, as most of their success was due to thrift and hard work. Not all Chinese are like the pirate Lima-hong or the gambler Atong Ang. Then maybe it’s because of their clannishness. Well, the Chinese here in SFU are less clannish than most- we don’t even have an exclusive

Continued on page 5

roTAWA

Dir. Alan D. Sy

ALAN’S ENGLISH TO CHINESE TRANSLATIONS

Are you harboring a fugitive? – Hu Yu Hai Ding?
See Me ASAP – Kum Hai Nao
Stupid Man – Dum Gai
Small Horse – Tai Ni Po Ni
Your price is too high! – No Bai Dam Thing!
Did you go to the beach? – Wai Yu So Tan?
I think you need a facelift – Chin Tu Fat

Has your flight been delayed? – Hao Long Wei Ting?
I thought you were on a diet? – Wai Yu Mun Ching?
This is a tow-away zone – No Pah King
You are not very bright – Yu So Dum
I got this for free – Ai No Pei
I am not guilty – Wai Hang Mi?
Please, stay a while longer – Wai Go Nao?
Meeting was scheduled last week – Wai You Kum Nao ?

COPE (Crosswords & Other Puzzles for Enthusiasts)

PD Tim Warden

WORDFIND- LOOK FOR THE NAMES OF TEN (10) CHINESE FOODSTUFFS (VERTICAL, HORIZONTAL & DIAGONAL ONLY; FORWARDS AND BACKWARDS; NO CROOKED LINES).

9-10- EXCELLENT
7-8 - VERY GOOD
5-6 - GOOD
3-4 - FAIR
1-2 - POOR
0 - GO BACK TO SCHOOL

GET ANSWERS FROM EDITOR-IN-CHIEF WHO CONTRIBUTED THIS PUZZLE

Z I C N A P K X I A T O T O H
Q A K B I C D A Y D Z E O F P
L P K J J Z M M I T H T U Q G
C H A M P O Y M O I I O S N X
A T J S I R H K Q K P K J Z O
N U V S I O P A O O W W M X T
T G N I P K E Y P L T A Z L Y
O X Y I O P I U M X M O E G G
N N A M U S N O J I B U P O X
I Z X K D I K I A L S U M A M

TIPS

(**T**idbits, **I**nformation & **P**ractical **S**uggestions)



What is a light year?

Answer

A light year is a way of measuring distance. That doesn't make much sense because "light year" contains the word "year," which is normally a unit of time. Even so, light years measure distance.

You are used to measuring distances in either inches/feet/miles or centimeters/meters/kilometers, depending on where you live. You know how long a foot or a meter is -- you are comfortable with these units because you use them every day. Same thing with miles and kilometers -- these are nice, human increments

IPP Richard Dy

of distance.

When astronomers use their telescopes to look at stars, things are different. The distances are gigantic. For example, the closest star to Earth (besides our sun) is something like 24,000,000,000,000 miles (38,000,000,000,000 kilometers) away. That's the closest star. There are stars that are billions of times farther away than that. When you start talking about those kinds of distances, a mile or kilometer just isn't a practical unit to use because the numbers get too big. No one wants to write or talk about numbers that have 20 digits in them!

So to measure really long distances, people use a unit called a light year. Light travels at 186,000 miles per second (300,000 kilometers

continued on page 8

TEST

(**T**en **E**xercises for **S**tudents of **T**rivia)

Trivia on Musical Instruments – Let's see if you match the instruments with the description



1. This instrument looks and is played like a violin, but it is a bit larger.
2. This instrument is normally made of black wood, is played with a double reed, and sometimes has a 'nasal' sound to it.
3. This instrument looks like a bedpost and is played with a double reed that connects to the instrument using a bocal.
4. This is one of the few brass instruments, which uses a slide, not valves, in order to change the pitch.
5. This brass instrument needs the player's hand in the bell in order to help control the pitch.
6. This instrument is commonly made out of a silver-colored metal and is played by blowing across, not into, the mouthpiece.

7. This instrument is usually made out of a black wood, and is played using a single reed with a ligature.
8. This instrument is mainly known for jazz music. It is a woodwind, but is made out of metal and it curves up near the bell.
9. This instrument belongs to the Oboe family. It is longer with a bell that balloons out a little and the reed fits a bocal.
10. This string instrument is too big to hold under a chin, so it is played with the instrument between the player's legs.

Answers next issue

Answers last issue

1. Miguel Lopez de Legaspi
2. Gabriela Silang
3. Claro M. Recto
4. Berlin, Germany
5. Teodoro Agoncillo
6. Macabebe Scouts
7. General Henry W. Lawton
8. Macario Sakay
9. Richard Kissling
10. Bank of the Philippine Islands

Rotarian Ruel T. Tana

C.P.R. (Club Pass & Review)

Sec. Reggie Chan

VP Rey Nisce presided over our meeting for the second time last Tuesday while Pres. Rex was still unable to attend. Call to Order was done on time. With feelings, the Invocation, 4 Way Test and National Anthem was led by Master of Ceremonies, PD Tim Warden, who puts passion in all he does. Welcome and Greetings followed shortly after and was given by the suave and gallant Mayor of Bauang, PP Martin de Guzman. IPP Richard Dy who never runs out of cool ideas changed the Club Singing into Club Dancing. He made us learn the latest dance craze, the Ketchup Dance, through the aid of his computer. I had the honor of being the Fine Master that day and I gave a Friendship Session entitled "Isa Munang Patalastas"

where commercial slogans were given as clues for the members to guess what advertisements they refer to. The President's Time came next with VP Rey announcing important information and upcoming activities. Reaching the highlight of the program, SAA Ming Jao efficiently introduced our Guest of Honor and Speaker, our very own Rtn. John Kutz. He shared with us how Aromatherapy through the use of essential oils extracted from herbs can benefit the body and mind. During the Open Forum, PP Arsing gave his testimony on how Aromatherapy helped heal his nose bleeding. After this, PD Tim gave a reflective Response. We finished on time and VP Rey adjourned the meeting.

WE CARE

(Weekly Cartoon Editorial)
Sec Reggie Chan

KUNG HEI
FAT CHOY



Little Domeng
in
Once upon a time in Rotary

e-QUIP (Quotes from the Internet)

Sec. Reggie C. Chan

"If you are patient in a moment of anger, you will escape a hundred days of sorrow"

Chinese Proverb

Club FulFILMent



Regular Board meeting at Mandarin Restaurant



Leadership course at Hotel Mikka

Fireside Chat

Rtn. Rev. Romy de Castro



Is Rotary compatible with my religious ministry?

Without batting an eye I said, "yes" when PP & Editor Jerome Gaerlan asked me if I could write an article on the subject during one of our visits to the wake of our President's father. For it is not only compatible, "very" compatible.

Rotary is best characterized as a service organization par excellence, whose motto is: "Service Above Self."

My ministry, as a UNITED CHURCH OF CHRIST IN THE PHILIPPINES Clergyman, is all about service to God and His people. It is based on the summary of the Commandments "Love the Lord your God with all your heart and with all your soul and with all your minds. This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself'. "All the Law and the Prophets hang on these two commandments". Matt: 22:37-40

To love them is to serve them, God first, and then our fellowmen, in that order of priority. In our service to people, preference is given to the "least of the brethren." This is also Rotary's direction. That is why in our church (Capitol Church, my assignment), we have what we call SHALLOM- Sharing the Abundance of the Life and Love of the Master – wherein we try to help differently-abled people in La union find a job – the employable ones – so that they will feel self-

continued on page 8

Prex



Welcome to our 2nd Fellowship Night! Expect something good and exciting to happen tonight. Thanks to the DREAM team, some (or we) are hoping that their (our) DREAM will come true tonight. So the rule of thumb for tonight, let the KID in YOU play.

May also express my sincere thanks to PP/IP/VP Rey and members of the Board for running the Club for the past two weeks.

I was off for two weeks, nursing myself and my family. Things happened in our most unexpected time or may be we are our awareness to reality is not that strong to feel things that will happen.

Two years ago, I attended a seminar worth my two months salary and it revolved on just one thing - everything that is happening in our life and in this world is with a PURPOSE, there is no such thing as COINCIDENCE, AWARENESS is the key. For two years, I have been using those words to find meaning to everything that is happening to my life especially the untimely or I say now, the TIMELY death of my Father. GOD trained me not use the words "IF ONLY" instead to use "DO IT NOW and LOOK BEYOND."

Whew! I matured three steps higher in two weeks, my understanding of LIFE and DEATH tremendously improved and my concept of the word "FATHER", "FAMILY" and "FRIENDSHIP" expanded. Slowly I am beginning to understand WHY my FATHER left us two weeks ago instead of today or 20 more years from now.

I still remember what a Chinese friend told me when my father in law died 6 years, "our loss in this world is our gain in the spiritual

PRESIDENTS' CORNER President Rex O. Mendoza, Jr.

world," so expect more things to happen because a new ANGEL will guide us in the ENERGY WORLD.

We use the words "A TRIBUTE TO A GREAT MAN" during the one week burial of my father, some people ask WHY? We do not have to explain because what matters most is WHAT WE FEEL, WHAT WE KNOW and WHAT THE PEOPLE WHOM HE TOUCHED TOLD US. And the presence of beautiful flowers, his friends, relatives and you ROTARI-ANS during the wake, make people realize, YES HE IS TRULY A GREAT MAN!

To all of you who have been with us during those TRYING times, to all of you who shared prayers and love, and to all of you who imparted the value of friendship and brotherhood in ROTARY, Maraming Salamat!

JAGed

Editor Jerome Gaerlan

continued from page 2

Chinatown. Besides, we Pinoys with our crab-mentality can make use of this trait of helping our own kind succeed. Furthermore, most of our Chinese are very civic-minded, doing all sorts of things for the community. Our Rotary Club is Numero Uno in our District largely due to their efforts. Lastly, it would be rare to find a Pinoy who doesn't have Chinese blood in him. Jose Rizal, the Great Malay was almost a quarter Chinese. I myself look Chinese & I'm tempted to learn Fookien so I can go shop in Binondo at discount prices!

So again to our Chinese friends, 'Kung Hei Fat Choi..' I hope I get my 'tikoy' this year!